SOFT DRINKS

House Triple-Filtered Water 1 litre - £1.00 still or sparkling

Colmans Homemade Lemonade - £2.95 classic · raspberry

Freshly Squeezed Orange Juice – £3.95

Eager Fruit Juices – £2.95 cranberry \cdot cloudy apple \cdot pineapple

Coca Cola or Diet Coca Cola 330ml - £2.45

Fentimans Old Fashioned Soft Drinks 275ml - £3.10 ginger beer \cdot dandelion and burdock

> San Pellegrino 330ml – £2.75 aranciata · limonata

Fever-Tree 200ml - £1.95 clear lemonade · tonic · light tonic · elderflower tonic

HOT DRINKS

Coffees espresso - single £1.75 / double £2.95

macchiato – £1.85

americano – £2.25

latte – £2.95

cappuccino – £2.95

flat white - £2.95

Teas – £1.95 english breakfast \cdot earl grey \cdot peppermint \cdot green tea

SUSTAINABILITY AT COLMANS SEAFOOD TEMPLE

At Colmans we are a family owned and operated business who are precedent-setting in our responsibility to sustainable fishing, the seafood industry and the environment. We also strive to be an economic, social and charitable asset to our local community.

All our cod and haddock come from sustainable fishing grounds. We use sustainable and traceable seafood.

We are always committed to help with environmental issues and as a pledge to this we are continuously reducing our single-use plastic waste to reduce ocean pollution. We turn all of our waste oil into biodiesel and generate our own electricity through PV micro generation.

We actively source local and seasonal produce, and use day boats to support our local fishing community.

All our packaging is responsibly sourced and our menus all FSC certified.

COLMANS

= Seafood Temple =

Don't forget to check our blackboard for today's market fish and our daily specials.

Please make your server aware of any allergies or intolerances.

LOCAL OYSTERS

£2.20 per oyster or £12 for 6

All our oysters are supplied by Lindisfarne Oysters - a family run business established in 1989. The high quality pacific oysters are grown on the seashore within the Lindisfarne National Nature Reserve.

Soufflé Arnold Bennett

twice baked smoked haddock

soufflé, gruyère cream

£9.95

Crispy

tartare sauce

Natural shallot and red wine vinegar

Fish Goujons

tartare sauce

£6.95

Ceviche chilli and lime dressing

Seafood Muffin

selection of seafood,

fennel and seaweed muffin

£10.95

Seared King Scallops

morcilla sausage, manzanilla sherry, onion jam

£13.95

STARTERS

Colmans Crab Cake romesco sauce, orange and fennel salad £8.50

Mushy Pea Fritters

ketchup

£5.50

Grilled Tiger Prawns garlic butter £9.95 / £18.95

Smoked Mackerel Paté

pickled cucumber, toasted brioche

£7.50

Mussels garlic and herb cream or penang coconut curry ¹/2 kilo – £7.95 / kilo – £13.95

£11.95
£12.45
£15.50
£9.95
£10.25
£9.95
£10.95

All cooked in Colmans famous batter and served with chips

If you would prefer your cod or haddock grilled in caper and herb butter, please ask! £1.50 supplement

TRADITIONAL SIDES

Chip Shop Curry Sauce - £2.00 Mushy Peas - £1.50 · Garden Peas - £1.50 Gherkins – \pounds 1.50 · Stottie Cake – \pounds 1.00

> Seafood Curry £16.95

> > Moroccan Cous Cous roasted vegetables, toasted almonds and pomegranate



£22.95

Halibut

crab mash, tempura samphire,

lemon butter sauce

23.95

We apologise if at any time we are unable to supply a seafood which is on our menu. This is due to adverse currents, seasonable fluctuations and weather conditions

Poached Smoked Haddock bubble and squeak, soft poached hen's egg, wholegrain mustard cream £15.95

Salmon Teriyaki stir-fried asian vegetables, sticky jasmine rice £16.50

£21.50

Temple Salmon and Crab Salad hot and cold smoked salmon, local crab, new potato and fennel salad £15.95

All our seafood is cooked to order, please be patient during peak periods.

Native Lobster Thermidor

Northumberland Seafood Centre and Hatchery to help release a young lobster into the wild

MAINS

malaysian coconut curry, sticky jasmine rice, asian salad

£12.95



Local Seafood Mixed Grill chilli and garlic butter, charred lime

Whole Roast Fish of the Day potted shrimp and caper butter

FROM THE QUAY

All Market Price and served with Chips

Local Native Lobster whole grilled lobster, garlic butter

dressed whole lobster, classic thermidor sauce

50p from every lobster sold will be donated to The

Pan Roast Hake curried mussel broth, straw potatoes

LAGERS

Schooner of Birra Moretti Draught - 456ml 4.6% Italy - £3.95

Peroni Nastro Azzurro 330ml 5.1% Italy - £3.95

Samuel Smith's Organic Lager 355ml 5% England – £4.25

> Heineken 0% 355ml 0% Netherlands - £2.95

BEERS

Samuel Smith's Organic Best Ale 355ml 5% - £4.25

> Sonnet 43 Blonde Beer 500ml 4.1% - £5.95

CIDER

Old Mout Cider kiwi and lime · strawberry and pomegranate · berries and cherries 500ml 4% – £4.95

> Samuel Smith's Organic Cider 550ml 5% - £5.50

We have an extensive Wine, Spirit and Cocktail List available upon request

SIDES

Selection of Bread and Butter	£2.00
Thick Cut Chips	£3.00
Thin Cut Chips	£3.00
New Potatoes with Chive Butter	£3.00
House Mediterranean Salad	£4.50
Wilted Spinach with Anchovy Butter	£4.50
Halloumi, Tomato and Basil Salad	£4.95