



1926

MANNS

Temple =



EST.

COLM

Seafood



COLMANS

== *Seafood Temple* ==

SOFT DRINKS

House Triple-Filtered Water 1 litre – £1.00
still or sparkling

Colmans Homemade Lemonade – £2.95
classic · raspberry

Freshly Squeezed Orange Juice – £3.95

Eager Fruit Juices – £2.95
cranberry · cloudy apple · pineapple

Coca Cola or Diet Coca Cola 330ml – £2.50

Fentimans Old Fashioned Soft Drinks 275ml – £3.10
ginger beer · dandelion and burdock

San Pellegrino 330ml – £2.75
aranciata · limonata

Fever-Tree 200ml – £1.95
clear lemonade · tonic · light tonic · elderflower tonic

HOT DRINKS

Coffees
espresso – single £1.95 / double £2.95

macchiato – £2.50

americano – £2.75

latte – £2.95

cappuccino – £2.95

flat white – £2.95

Teas – £2.25
english breakfast · earl grey · peppermint · green tea

SUSTAINABILITY AT COLMANS SEAFOOD TEMPLE

At Colmans we are a family owned and operated business who are precedent-setting in our responsibility to sustainable fishing, the seafood industry and the environment. We also strive to be an economic, social and charitable asset to our local community.

All our cod and haddock come from sustainable fishing grounds. We use sustainable and traceable seafood.

We are always committed to help with environmental issues and as a pledge to this we are continuously reducing our single-use plastic waste to reduce ocean pollution. We turn all of our waste oil into biodiesel and generate our own electricity through PV micro generation.

We actively source local and seasonal produce, and use day boats to support our local fishing community.

All our packaging is responsibly sourced and our menus all FSC certified.

Don't forget to check our blackboard for today's market fish and our daily specials.

Please make your server aware of any allergies or intolerances.

LOCAL OYSTERS

£2.20 per oyster or £12 for 6

All our oysters are supplied by Lindisfarne Oysters – a family run business established in 1989. The high quality pacific oysters are grown on the seashore within the Lindisfarne National Nature Reserve.

Natural
shallot and red wine vinegar

Crispy
tartare sauce

Ceviche
chilli and lime dressing

STARTERS

Smoked Salmon and Dill Paté
cucumber jelly, toasted sourdough
£7.50

Buttermilk Fried Cod Goujons
southern-fried seasoning, chipotle mayo
£7.25

Soufflé Arnold Bennett
twice baked smoked haddock
soufflé, gruyère cream
£10.50

Crab and Leek Tart
handpicked white crab
meat, crème fraîche
£11.95

Grilled Tiger Prawns
garlic butter
£11.50 / £21.50

Mussels
garlic and herb cream or penang coconut curry
1/2 kilo – £7.95 / kilo – £13.95

Roast King Scallops
white port, herb crumb
£13.95

Mushy Pea Fritters
ketchup
£5.50

TRADITIONAL

Small Prime Cod £8.95
Large Prime Cod £12.50
Line-Caught Haddock £12.95
Cod and Salmon Fishcake £10.95
Crispy Halloumi homemade sweet chilli sauce £9.95
Breaded Wholetail Scampi £11.50

All cooked in Colmans famous batter and served with chips

If you would prefer your cod or haddock grilled in caper and herb butter, please ask!
£1.50 supplement

TRADITIONAL SIDES

Chip Shop Curry Sauce – £2.00
Mushy Peas – £1.50
Local Stottie Cake – £1.00

FROM THE QUAY

All Market Price and served with Chips

Local Seafood Mixed Grill
chilli and garlic butter, charred lime

Whole Roast Fish of the Day
herb and caper butter

Local Native Lobster
whole grilled lobster, garlic butter

50p from every lobster sold will be donated to The Northumberland Seafood Centre and Hatchery to help release a young lobster into the wild

MAINS

Hake Puttanesca
pan-roast local hake, pancetta, lemon
herb potatoes, puttanesca sauce
£19.95

Salmon Teriyaki
stir-fried asian vegetables,
sticky jasmine rice
£16.95

Seafood Curry
malaysian coconut curry,
sticky jasmine rice, asian salad
£16.95

Pan-fried Sea Bass
white bean cassoulet, sautéed king
prawns, shellfish cream
£22.50

Temple Salmon Salad
hot and cold smoked salmon,
new potato and fennel salad
£15.95

Poached Smoked Haddock
crispy hen's egg, asparagus,
spiced potted shrimp butter
£16.95

Steak au Poivre
12oz aged lakeland rib-eye, thin-cut
chips, peppercorn sauce
£22.95

All our seafood is cooked to order,
please be patient during peak periods.



We apologise if at any time we are unable to supply a seafood which is on our menu. This is due to adverse currents, seasonal fluctuations and weather conditions

LAGERS

Schooner of Birra Moretti
Draught – 456ml 4.6% Italy – £3.95

Peroni Nastro Azzurro
330ml 5.1% Italy – £3.95

Samuel Smith's Organic Lager
355ml 5% England – £4.25

Heineken 0%
355ml 0% Netherlands – £2.95

BEERS

Samuel Smith's Organic Best Ale
355ml 5% – £4.25

Saltaire Blonde Beer
500ml 4.0% – £5.95

CIDER

Old Mout Cider
kiwi and lime · strawberry and pomegranate · berries and cherries
500ml 4% – £4.95

Samuel Smith's Organic Cider
335ml 5% – £4.50

We have an extensive
Wine, Spirit and Cocktail List
available upon request

SIDES

Selection of Bread and Butter £2.00
Thick Cut Chips £3.00
Thin Cut Chips £3.00
New Potatoes with Chive Butter £3.00
House Mediterranean Salad £4.50
Mushy Pea Fritters £5.50