

COLMANS

Seafood Temple

SOFT DRINKS

House Triple-Filtered Water 1 litre – £1.50
still or sparkling

Colmans Homemade Lemonade – £3.50
classic · raspberry

Freshly Squeezed Orange Juice – £3.95

Eager Fruit Juices – £2.95
cranberry · cloudy apple · pineapple

Coca Cola or Diet Coca Cola 330ml – £2.95
the iconic coca cola glass bottle

Fentimans Old Fashioned Soft Drinks 275ml – £3.25
ginger beer · dandelion and burdock

San Pellegrino 330ml – £2.95
aranciata · limonata

Fever-Tree 200ml – £2.45
clear lemonade · tonic · light tonic · elderflower tonic

HOT DRINKS

Coffees

espresso – single £2.25 / double £2.95

macchiato – £2.75

americano – £2.95

latte – £3.25

cappuccino – £3.25

flat white – £3.25

Teas – £2.50

english breakfast · earl grey · peppermint · green tea

SUSTAINABILITY AT COLMANS SEAFOOD TEMPLE

At Colmans we are a family owned and operated business who are precedent-setting in our responsibility to sustainable fishing, the seafood industry and the environment. We also strive to be an economic, social and charitable asset to our local community.

All our cod and haddock come from sustainable fishing grounds. We use sustainable and traceable seafood.

We are always committed to help with environmental issues and as a pledge to this we are continuously reducing our single-use plastic waste to reduce ocean pollution. We turn all of our waste oil into biodiesel and generate our own electricity through PV micro generation.

We actively source local and seasonal produce, and use day boats to support our local fishing community.

All our packaging is responsibly sourced and our menus all FSC certified.

Seabream
wild mushroom sauce,
parmentier potatoes
£24.50

Whole Roast Fish of the Day
herb and caper butter
Market price

Lemon Sole
roasted on the bone,
clams & samphire
£29.95

Salmon Teriyaki
asian vegetables,
sticky jasmine rice
£21.95

Hot Seafood Platter to Share
selection of local day boat fish & shellfish
roasted in chilli and garlic butter, thick-cut chips
Market price
Minimum 2 persons

Hake Schnitzel
tartare beurre blanc
£22.95

Seafood Curry
malaysian coconut curry,
sticky jasmine rice, asian salad
£22.95

Local Native Lobster
grilled with garlic & parsley butter
Market price

Steak au Poivre
8oz dry-aged glenarm fillet,
thin-cut chips, peppercorn sauce
£31.95

Crab Salad
local brown and white crab
meat, fennel & apple salad
£14.50

Soufflé Arnold Bennett
smoked haddock, gruyère
& aged parmesan
£13.50

Seared King Scallops
creamed corn,
smoked bacon
£15.95

XL Crispy Prawn Taco
kewpie mayo, okonomi
sauce, togarashi
£13.95

Mackerel Pâté
toasted brioche,
pickled cucumber salad
£9.50

Mussels
1926 blonde & pancetta
£11.50

Grilled Tiger Prawns
garlic & parsley butter
£14.95 / £27.95

TRADITIONAL

Cooked in Colmans famous batter, thick-cut chips

Classic Prime Cod
traditionally fried
or
grilled in herb and caper butter
£14.50

Large Prime Cod
traditionally fried
or
grilled in herb and caper butter
£16.50

Line-caught Haddock
traditionally fried
or
grilled in herb and caper butter
£16.95

Temple Fishcakes
cod and salmon fishcakes
£13.95

Breaded Wholetail Scampi
£15.95

Crispy Halloumi
£13.95

PERFECT WITH

Chip Shop Curry Sauce
£2.20

Homemade Mushy Peas
£2.20

Local Stottie Cake
£1.50

MAINS

All our seafood is cooked to order,
please be patient during peak periods.



We apologise if at any time we are unable to supply a seafood which is on our menu. This is due to adverse currents, seasonable fluctuations and weather conditions

LAGERS

Schooner of Peroni Nastro Azzurro
Draught – 456ml 5.1% Italy – £4.45

Bottle of Birra Moretti
330ml 4.6% Italy – £4.25

Samuel Smith's Organic Lager
355ml 5% England – £4.65

Heineken 0%
355ml 0% Netherlands – £3.50

BEERS

Samuel Smith's Organic Best Ale
355ml 5% England – £4.65

1926 Blonde
brewed locally for Colmans by Vaux Brewery
330ml 4.2% England, South Shields – £4.95

CIDER

Old Mout Cider
kiwi and lime · strawberry and apple · berries and cherries
500ml 4% New Zealand – £5.25

Samuel Smith's Organic Cider
335ml 5% England – £4.65

We have an extensive
Wine, Spirit and Cocktail List
available upon request

SIDES

Selection of Bread and Butter £2.50

Thick Cut Chips £4.45

Thin Cut Chips £4.45

New Potatoes, Chive Butter £4.45

Seasonal Greens, Fresh Herb Butter £4.50

House Salad £5.50

Mushy Pea Fritters £6.95