

SOFT DRINKS

House Triple-Filtered Water 1 litre – 1.50
still or sparkling

House Sodas – 4.25
mint & lime · orange & basil · seasonal

Colmans Homemade Lemonade – 4.45
classic · raspberry

Freshly Squeezed Orange Juice – 4.75

Eager Fruit Juices – 3.50
cranberry · cloudy apple · pineapple

Coca Cola 330ml – 3.55
Diet Coca Cola 330ml – 3.55
the iconic coca cola glass bottle

Fentimans Old Fashioned Soft Drinks 275ml – 3.75
ginger beer · dandelion and burdock

San Pellegrino 330ml – 3.25
aranciata · limonata

Fever-Tree 200ml – 2.75
clear lemonade · tonic · light tonic · elderflower tonic

HOT DRINKS

Coffees
espresso – single 2.75 / double 3.25

macchiato – 3.50

americano – 3.50

latte – 3.95

cappuccino – 3.95

flat white – 3.95

Teas – 2.50
english breakfast · earl grey · peppermint · green tea

SUSTAINABILITY
AT COLMANS SEAFOOD TEMPLE

At Colmans we are a family owned and operated business who are precedent-setting in our responsibility to sustainable fishing, the seafood industry and the environment. We also strive to be an economic, social and charitable asset to our local community.

All our cod and haddock come from sustainable fishing grounds. We use sustainable and traceable seafood.

We are always committed to help with environmental issues and as a pledge to this we are continuously reducing our single-use plastic waste to reduce ocean pollution. We turn all of our waste oil into biodiesel and generate our own electricity through PV micro generation.

We actively source local and seasonal produce, and use day boats to support our local fishing community.

All our packaging is responsibly sourced.

COLMANS

Seafood Temple

Don't forget to check our blackboard for today's market fish and our daily specials.

Food Allergies, Intolerances and Special Dietary Requirements

Due to the presence of allergens in some dishes, we cannot guarantee the absence of allergen traces in our menus. Before ordering your food and drinks, if you would like to know about our ingredients please ask a member of our staff.

LOCAL OYSTERS

4.25 per oyster or 23 for 6 oysters

All our oysters are supplied by Lindisfarne Oysters – a family run business established in 1989. The high quality pacific oysters are grown on the seashore within the Lindisfarne National Nature Reserve.

Natural
shallot and red wine vinegar

Crispy
dill & garlic emulsion

Ceviche
chilli & lime dressing

STARTERS

Crab Salad
hand-picked white
crab, apple & fennel
14.95

Soufflé Arnold Bennett
smoked haddock, gruyère
& aged parmesan
14

Baked Scallops
miso aubergine
xo butter,
15.50

XL Crispy Prawn Taco
kewpie mayo, okonomi
sauce, togarashi
14.95

Crispy Squid
nam jim, dressing, rice noodles
13.50

Mussels
fino sherry & sea herbs
12.50

Grilled Tiger Prawns
garlic & parsley butter
14.95

TRADITIONAL

Traditionally fried in Colmans famous batter, thick-cut chips

Colmans Fish Goujons
14.95

Classic Prime Cod
15.95

Large Prime Cod
18.95

Line-caught Haddock
18.95

Temple Fishcakes
cod & salmon fishcakes
14.95

Breaded Wholetail Scampi
18.50

Crispy Halloumi
14.95

PERFECT WITH

Chip Shop Curry Sauce
2.50

Homemade Mushy Peas
2.50

Local Stottie Cake
1.75

If you'd prefer your fish grilled in caper and herb butter supplement +1

MAINS

Crab & Scallop Lasagne
handpicked crab, scallop mousse,
thermidor sauce
30

Lemon Sole
whole lemon sole, meunière style
29

Sea Bass
shellfish chowder,
smoked bacon & corn
27

Salmon Teriyaki
asian vegetables,
sticky jasmine rice
23.50

Hot Seafood Platter to Share
selection of local day boat fish & shellfish
roasted in chilli & garlic butter, thick-cut chips
Market price
Minimum 2 persons

Roasted Cod
potato florentine,
chicken butter sauce
26

Seafood Curry
malaysian peanut curry,
sticky jasmine rice, asian salad
24

Local Native Lobster
grilled with garlic & parsley butter
Market price

Steak au Poivre
8oz dry-aged glenarm fillet,
thin-cut chips, peppercorn sauce
33.95

All our seafood is cooked to order,
please be patient during peak periods.



We apologise if at any time we are unable to supply a seafood which is on our menu. This is due to adverse currents, seasonable fluctuations and weather conditions

LAGERS

Schooner of Birra Murano
Draught – 4.6% Italy – 4.95

Bottle of Birra Moretti
330ml 4.6% Italy – 4.75

Hawkstone Lager
330ml 4.8% England – 5.75

Heineken 0%
355ml 0% Netherlands – 3.95

BEERS

Hawkstone IPA
330ml 4.8% England – 5.75

1926 Blonde
brewed locally for Colmans by Vaux Brewery
330ml 4.2% England, South Shields – 4.95

CIDER

Old Mout Cider
kiwi and lime · berries and cherries
500ml 4% New Zealand – 5.75

Hawkstone Cider
500ml 5% England – 6.95

We have an extensive
Wine, Spirit and Cocktail List
available upon request

SIDES

House Bread Selection 2.50

Thick Cut Chips 4.50

Thin Cut Chips 4.50

New Potatoes, Chive Butter 5

Seasonal Greens, Fresh Herb Butter 5.50

Charred Tenderstem, XO Butter 6

House Salad 6

Mushy Pea Fritters 7